2007 – 2008

Bachelor of Science (BS) | *Director: David Nieman* | Health Promotion
Non-Teaching | *828-262-6318* | (HLES.Appstate.edu)
Degree Code 509 A | *niemandc@appstate.edu*

I. CORE CURRICULUM 45

8 sh from one of the following science sequences: Biology_____
SOC 1000_____(3) Chemistry_____
FCS 2202_____(3)
Math 1025_____(4) required ONLY if an Exercise Science Minor is pursued
(If ECO 2030 or PSY 1200 is taken for minor, one course will count toward Social Science.)

II. MAJOR REQUIREMENTS 60

An overall 2.0 GPA is required in the major/18 sh must be completed at Appalachian.

H P	2100_____(3)	Health Program Planning & Evaluation I
H P	2200_____(3)	(W) Lifestyle Disease & Risk Reduction
HP/HED	3100_____(3)	Emergency Care & CPR
H P	3130_____(3)	Environmental Health
H P	3200_____(3)	(C) Health Risk Appraisal
H P	3700_____(3)	Health Behavior Change
H P	4100_____(2)	Biostatistics
H P	4200_____(3)	(W) Principles of Epidemiology
H P	4300_____(3)	Smoking Cess/Alcohol Treatment Program
H P	4400_____(3)	Weight Management
H P	4701_____(3)	Seminar in Health Promotion
H P	4800_____(3)	Health Promotion Interventions
H P	4900_____(6)	Internship
COM	2101_____(3)	(S) Public Speaking (C minimum)
C S	1410_____(2)	(C) Intro to Computer Applications
E S	2000_____(5)	Human Anatomy & Physiology
E S	2005_____(3)	Concepts in Fitness & Performance Evaluation
SOC	1110_____(3)	Marriage & Family Relations
SOC	3100_____(3)	Gerontology

Major Designators
2 Writing (W) ___ ___
1 Speaking (S) ___
*Com Proficiency ___
*A "C" minimum is required in COM 2101 to meet the Communication Proficiency.

Other Designators
4 Writing (W) ___ ___ ___ ___
(English 1000/1100 will count as 2 W)
4 Multi-cul (MC) ___ ___ ___ ___
(His 1101/1102 will count as 2 MC)
2 Num Data (ND) ___ ___
2 Computer (C) ___ ___
1 Cross-dis (CD) ___

III. MINOR REQUIRED (Choose one of the following minors)..... 15 – 18

9 sh of a minor must be completed at Appalachian

Exercise Science (19 sh) [Includes ES 2005 required in major]
E S 2010____(3) (W) Exercise Physiology
E S 2020____(3) (C&ND) Meas & Eval in ES
E S 3005____(3) (S) Phys Assessment & Program Mgt
*E S 3450____(3) Advanced Exercise Physiology
*(Requires prior completion of BIO 1101 & CHE 1101/1110)
E S 3550____(4) (C) Intro to Biomechanics

Foods and Nutrition (18 sh) [Includes FCS 2202 required in core curriculum]
Choose 15 semester hours from the following (along with any required prerequisites):
FCS 1202____(3) Basic Food Science
FCS 2201____(2) Foods & Nutrition for Children
FCS 2203____(3) Org & Mgt in Food Ser
FCS 2204____(3) (MC) Quantity Food Prod I
FCS 3202____(3) (W) Quantity Food Prod II
FCS 3205____(3) Nutrition & the Life Cycle
FCS 4200____(3) (W) Advanced Nutrition I
FCS 4240____(3) Medical Nutrition Therapy I
FCS 4250____(3) Medical Nutrition Therapy II
FCS 4504____(3) (S) Foodsystems/Dietetics Admin
FCS 4540____(3) Diet & Public Health
FCS 4552____(1) Medical Terminology/Records
FCS/ES 4555____(3) (CD) Nutritional Aspects of Exer & Sports
FCS 4560____(3) (S/C) Community Nutrition

General Business (18 sh) Overall 2.0 Required
ACC 1100____(3) (ND) Principles of ACC I
CIS 3050____(3) (C/W) Fdn of Mgt Infor Systems
MKT 3050____(3) Principles of Marketing
ECO 2030____(3) Principles of Eco-Price-Theory
FIN 3010____(3) Survey of Finance
(or FIN 3680)
MGT 3010____(3) Survey of Management

Psychology (18 sh) [Psy 1200 can be used as a Social Science & also count in minor]
PSY 1200____(3) General Psychology (required)
& choose 15 sh of electives:
Suggested courses: Psy 1100____(3) Psy of Parenting
Psy 2301____(3) Psy of Human Growth & Dev
Psy 2401____(3) Abnormal Psychology
PSY 3207____(3) (CD) Org Psy
PSY 4562____(3) (W) Psy of Adulthood & Aging

IV. FREE ELECTIVES (to total a minimum of 122 sh) 2

2 sh of free electives outside the major discipline are required 122 - 125